



**Animal Rescue<sup>®</sup>  
Organisation**  
RELIEVING CARING EDUCATING



CAPE TOWN • SOUTH AFRICA • NEWSLETTER OF THE ANIMAL RESCUE ORGANISATION • ISSUE 1 2021

## SAVING MORE, DOING MORE & HELPING MORE

### ARO HOSPITAL

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Facebook: [/animalrescuecape](https://www.facebook.com/animalrescuecape)  
Instagram: [/Animalrescueorganisation\\_aro](https://www.instagram.com/Animalrescueorganisation_aro)  
Twitter: [/AnimalRescue01](https://twitter.com/AnimalRescue01)

### WHO TO CONTACT

**Head of Fundraising & Communications:** Teagan Schwerin,  
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**Senior Veterinarian:** Dr Reuben Kotze,  
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### BANK DETAILS

Animal Rescue Organisation  
ABSA Blue Route Mall  
Acc No 4086080569  
Branch Code 632 005  
International Deposits: ABSA ZA JJ

PayFast: Visit [www.payfast.co.za](http://www.payfast.co.za) click on 'Buyers', then 'Giving Back', then follow the instructions for the list of charities to appear. Find the Animal Rescue Organisation logo, click on it and follow the instructions on how to donate.



SCAN TO DONATE

One of ARO's strongest assets is our veterinary team led by Dr Reuben Kotze. Hundreds, if not thousands of animals are treated, cured and saved from a life of cruelty by the skilled staff that make up the veterinary team. Every day our Animal Welfare Assistants (AWAs) go out in mobile clinics to different locations, helping communities with primary animal healthcare. Most days our onsite clinic has a queue of pet owners waiting to see our AWAs for medical treatment, while our veterinarians and nurses are in theatre performing life-changing surgeries such as sterilisation. To this day, sterilisation remains the most effective way to control the birth of and cruelty towards unwanted animals. ARO remains committed in our mission to relieve, care and educate.

Our team is determined to save more animals – a mission that is only made possible through our partnership with Oscars Arc Woof Project. The surrendered and rescued dogs that come in through our onsite clinic and mobile clinics are treated, assessed and then sent to Oscars Arc to be rehomed. Kitten adoptions are still being managed by ARO. ARO understands the struggle that communities face, and the fact that not many people are in the position to pay for costly surgeries to improve the lives of their animals.

Dr Kotze is one of the country's top orthopaedic surgeons with numerous referrals from other animal welfares and private vets. He performs life-changing surgeries on countless animals every month, improving their health and their quality of life. As many pet owners know, the costs of performing these types of surgeries are in excess of R10 000. Dr Kotze is determined and passionate about helping animals with their orthopaedic needs and makes a plan to help them even if only for a small donation. This is only possible because of the help we receive every day from our supporters and donors. Thank you!

You can continue to help ARO save, do and help more animals by not only donating money, but donating household goods for us to sell in our charity shops to raise funds. Alternatively, you can volunteer your time as well. To find out more, please [click here](#).



*“Great opportunities to help others seldom come, but small ones surround us every day.”*

Sally Koch

The passion in my belly is almost tangible! Especially when I am surrounded by like-minded people not only in my team but within other organisations. There is one common goal amongst us all and that is to help – be it animal welfare, animal rescue or youth education, we all just want to help. And by helping animals, we are helping communities not only with veterinary care for their pets, but also by imparting the tools and knowledge needed to take better care of themselves and their beloved animals.

There isn't a week that goes by that I'm not shocked to the core at the sight of some of the animals brought in; I cannot fathom how someone can ignore such pain and suffering. Yet at the same time, I'm blown away at how treasured some of the animals are by their owners – from sporting the cutest little outfits to being transported in their chariots (makeshift push-carts, prams and trolleys). We see both extremes at ARO and no two days are the same.

From a young age, we are taught that we can only control what we can control. Which means that we have the ability and control to do more. It's not always about donating money, it could be a conversation with someone on the importance of feeding your dog every day, ensuring they have access to fresh water or even debating the importance of sterilisation. I often wonder if people would adjust their mindsets if they were to take a tour through animal welfare kennels for a true reflection of breeding...

Be that as it may, we will continue to work hard on impact-driven strategies within communities in the next few months, focusing on relieving, caring, educating and ultimately reaching more animals that need our help.

**Teagan**



## What a busy start to 2021

We were deeply saddened by the untimely passing away of Mrs Sharon Adams of our administration department, who served on our team for 26 years.

Our team has also gained three new staff members – Dr Natasha Clark joined us in December 2020, Megan Beukes joined us in January 2021 as the new Clinic Receptionist, and Ashley Hartney joined us as Admin Receptionist.

It is with a heavy heart that we report of the traumatic armed robbery that took place at our clinic on 22 January 2021; thankfully none of our staff were physically harmed. To ensure their mental well-being however, all our staff were given trauma counselling by Karen Day to help them in processing the ordeal. Teagan Schwerin, our Head of Fundraising & Communications, put out an appeal in our monthly e-newsletter for donations towards replacing the stolen items and upgrading our security, which received very favourable support.

The first phase of our security upgrade was to replace the existing electric fencing around the perimeters of our building and to connect it to our alarm system. This was finalised on 5 March 2021. The second phase will be to install additional fencing and security gates on our outside porch to limit the numbers congregating there, and to better control entry into the clinic and administrative buildings. We are currently in the planning stage of this project, and hope to have it implemented during the second quarter of 2021.

Our fundraising team have confirmed that we will be hosting our annual Golf Day on Friday, 7 May 2021.

ARO is dependent upon the generosity of our donors to run efficiently. We have been very fortunate this year that our loyal donors have not let us down in our time of need.

The success of the organisation is due to the tremendous amount of hard work done by our vets, Drs Kotze and Clark, the hospital staff, our fundraising and administrative staff and our team of very enthusiastic volunteers including our chairperson, Geraldine Scaife.

Please let us know if you might be interested in supporting us by volunteering at any of our charity shops or monthly markets. We are sure you would find it both fulfilling and rewarding.

**LAST CHANCE TO BOOK YOUR FOUR BALL FOR OUR GOLF DAY!**



**RIP Sharon Adams**



To book email [teagan@animalrescue.org.za](mailto:teagan@animalrescue.org.za) or call 021 396 551 or 082 836 5880  
[www.animalrescue.org](http://www.animalrescue.org)



HOSPITAL & FIELDWORK REPORT

Our hospital staff successfully completed the City Of Cape Town Mass Animal Sterilisation Project and we reached our target of 250 spays. In addition to the 250 we sterilised on this campaign, an additional 124 animals were sterilised this quarter. We also treated 1 857 animals this quarter for various other conditions.

CoGH SPCA reported that a total of 11 842 animals were sterilised in the City of Cape Town MASP with 62% being females and 38% being males.



MOBILE CLINICS

We currently have two mobile clinics in operation. After completing the CoCT Sterilisation Campaign, it was evident that we've yet to see the tip of the iceberg, and so our teams are working hard in our traditional areas of Delft, Nyanga, Philipi, KTC and Gugulethu to bring animals in to be spayed and neutered.



REMEMBER MITCH?

Soon after ARO rescued Mitch, it became evident that he thrived on a family environment with other four-legged companions and that an office environment wasn't really his happy place. We called on our trusty friends at Oscars Arc to help us find the perfect home for our perfect little ambassador.

Mitch, now known as Jimmy, has landed up with his bum in butter and has the most incredible family, including a canine sister called Ariel. Jimmy's granny Lynell and mom Nicole say that they are besotted with him. "When we first met Jimmy he was as light as a feather and his handler told us he wouldn't get any bigger. He is now much bigger and heavier because he just loves to eat, play and go for walks in De Waal Park, play with his sister Ariel and sleep in Nicole's bed. We all live happily with our two fur babies now", says thrilled granny Lynell.

We couldn't have asked for a better home for him, and the best part is that Jimmy is still enthusiastic about being our ambassador, with a keen interest in making a difference... which he already does!

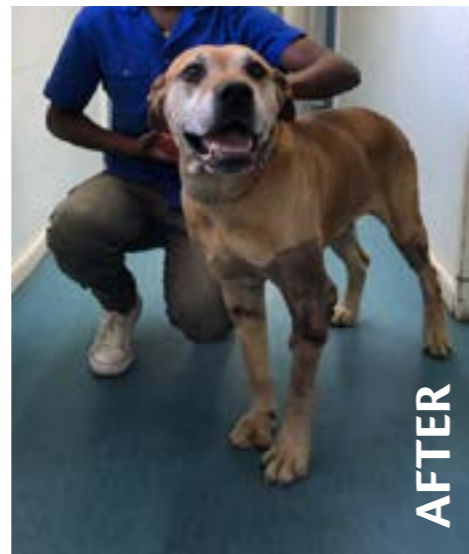


ARO VETS IN ACTION

Simba came in to have a rugby sized tumor removed.

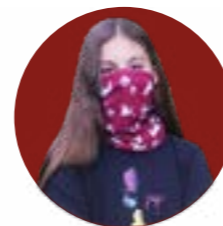
Our vets did an exceptional job at removing it and he looks happier than ever.

Here is a look at his leg before and after surgery!

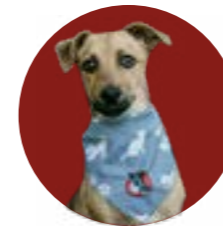


ARO ONLINE SHOP

All these items can be viewed on our online shop page. Simply order online or email aro@animalrescue.org.za and collect your order from our charity shops.



Buff R170



Bandana R40-R60



Masks R50



Hand Sanitiser R25



Socks R45

HAVE YOU SEEN OUR **NEW WEBSITE?**  
[www.animalrescue.org.za](http://www.animalrescue.org.za)



# SAY HELLO TO OUR NEW TEAM MEMBERS



**Dr Natasha Clark**  
Veterinarian



**Ashley Hartney**  
Admin Receptionist

## CAT FOOD DONATIONS



ARO would like to appeal for cat food donations. Our stock is very low and we need food for the cats in our hospital during their recovery.

Please contact Ashley on 021 396 5511 or [reception@animalrescue.org.za](mailto:reception@animalrescue.org.za) if you can assist.



### COLLECTION TINS

ARO raises funds via collections tins and is able to offer you a tin at home or work. We also need volunteers to help manage our collection tins across the Cape area.

Perhaps you can use manage ARO tins in your area?

Contact [aro@animalrescue.org.za](mailto:aro@animalrescue.org.za) or call 021 396 5511



### CHARITY SHOPS & MARKET DONATIONS

ARO is always in need of stock to sell and offers a full house-clearing service. Our fabulous volunteers can sell almost anything, so if you are having a clear out, call Ashley at ARO's reception desk on 021 396 5511 to arrange a collection time that suits you.

#### Bergvliet Charity Shop:

Situated on 51 Main Road, Bergvliet.  
Tel: 021 715 7525. Open weekly 9h30 to 16h30 and Saturdays 9h00-13h00.

#### Kalk Bay Charity Shop:

On the Main Road in Kalk Bay, opposite the Trading Post. Turn into Belmont Road and ARO's charity shop is situated opposite Papagaya in Belmont Road. Open daily (weather dependent). For more information contact Geraldine on 082 805 5005.



## RONDEBOSCH CRAFT MARKET

The much-loved Rondebosch Park Market on the corner of Sandown and Campground Roads trades every second Saturday of the month. We encourage everyone to visit and support the stalls. Dogs on leashes are most welcome.

For enquiries about Rondebosch Park Market please email [aro@animalrescue.org.za](mailto:aro@animalrescue.org.za) or call 021 396 5511.



Did you know that you can have up to three MySchool beneficiaries on your card?

Contact us and we will help you [aro@animalrescue.org.za](mailto:aro@animalrescue.org.za)

## DONATE YOUR NEWSPAPERS TO THE ANIMALS IN THE ARO HOSPITAL



## TO ADVERTISE IN THIS NEWSLETTER

Contact Teagan on [teagan@animalrescue.org.za](mailto:teagan@animalrescue.org.za)

